

## 2025/2026 after school-snack

### WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
<i>tiger small bread</i> <i>gluten</i> <i>slice of Emmental cheese</i> <i>dairy</i> <i>fruit compote</i> <i>no added sugar</i> <i>water</i>	<i>puffed rice cereals</i> <i>gluten</i> <i>carton of semi-skimmed milk</i> <i>dairy</i>  <i>fresh fruits / water</i>	<i>country white bread 'pistolet'</i> <i>gluten</i> <i>slices of mozzarella</i> <i>dairy</i> <i>cherry tomatoes</i>  <i>fresh fruits / water</i>	<i>multicereal little bread 'empereur'</i> <i>gluten, soy, sesame</i> <i>strawberry jam</i>  <i>carton of semi-skimmed milk</i> <i>dairy</i> <i>fresh fruits / water</i>	<i>turkey fillet bagnat bread</i> <i>gluten, soy</i> <i>carton of semi-skimmed milk</i> <i>dairy</i>  <i>fresh fruits / water</i>

### WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
<i>grissini</i> <i>gluten</i>  <i>philadelphia</i> <i>dairy</i> <i>cucumber</i>  <i>water</i>	<i>cereal maya bread</i> <i>spread with chocolate</i> <i>gluten, sesame, dairy, nuts, soy</i> <i>carton of semi-skimmed milk</i> <i>dairy</i>  <i>fresh fruits / water</i>	<i>butter soft sandwich</i> <i>gluten, dairy, egg</i> <i>plain yoghurt</i> <i>dairy</i> <i>red fruit coulis</i>  <i>fresh fruits / water</i>	<i>vanilla galette</i> <i>gluten, egg</i> <i>carton of semi-skimmed milk</i> <i>dairy</i>  <i>fresh fruits / water</i>	<i>pistolet baked on stone</i> <i>chicken fillet</i> <i>gluten, dairy</i> <i>carton of semi-skimmed milk</i> <i>dairy</i> <i>fruit compote</i> <i>no added sugar</i> <i>water</i>

### WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
<i>craquelin</i> <i>gluten</i>  <i>carton of semi-skimmed milk</i> <i>dairy</i>  <i>fresh fruits / water</i>	<i>ciabatta</i> <i>slice of Emmental cheese</i> <i>gluten , dairy</i>  <i>fruit compote</i> <i>no aded sugar</i> <i>water</i>	<i>corn flakes cereals</i> <i>gluten</i>  <i>carton of semi-skimmed milk</i> <i>dairy</i>  <i>fresh fruits / water</i>	<i>Italian little bread</i> <i>gluten</i> <i>homemade green olive tapenade</i> <i>carton of semi-skimmed milk</i> <i>dairy</i>  <i>fresh fruits / water</i>	<i>butter multicereal bread</i> <i>gluten, sesame, dairy</i>  <i>rice pudding</i> <i>dairy</i>  <i>fresh fruits / water</i>

This menu is subject to change depending on supplier availability

Approved by the dietary service - OIB CS

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### WEEK 4

#### Monday

chocolate croissant  
gluten, dairy  
carton of semi-skimmed milk  
dairy  
fresh fruits / water

#### Tuesday

sandwich with fresh cheese  
gluten, dairy, egg, soy  
(philadelphia)  
dairy  
fresh fruits / water

#### Wednesday

muesli with fruits  
gluten  
carton of semi-skimmed milk  
dairy  
fresh fruits / water

#### Thursday

white baguette with butter  
gluten, dairy  
cucumber  
carton of semi-skimmed milk  
dairy  
water

#### Friday

slice of multicereal bread  
gluten, soy, sesame  
with speculoos paste  
gluten, soy  
carton of semi-skimmed milk  
dairy  
fresh fruits / water

### WEEK 5

#### Monday

white little bread empereur  
yellow fruit coulis  
organic white cheese  
dairy  
fresh fruits / water

#### Tuesday

turkey fillet bagnat grey bread  
gluten, soy  
carton of semi-skimmed milk  
dairy  
fresh fruits / water

#### Wednesday

rice-crumpies cereals  
gluten  
carton of semi-skimmed milk  
dairy  
fresh fruits / water

#### Thursday

grey bread with gouda  
gluten, dairy  
fruit compote  
no added sugar  
water

#### Friday

cereal bread toast  
strawberry jam  
gluten, soy, sesame  
carton of semi-skimmed milk  
dairy  
fresh fruits / water

### WEEK 6

#### Monday

ciabatta  
gluten  
stuffed with philadelphia  
dairy  
fresh fruits / water

#### Tuesday

cereal fit flakes  
gluten, dairy  
carton of semi-skimmed milk  
dairy  
fresh fruits / water

#### Wednesday

white sandwich with flour  
gluten, dairy, soy  
butter on the side  
dairy  
carton of semi-skimmed milk  
dairy  
fruit compote  
no added sugar  
water

#### Thursday

multicereal bagnat  
gluten, sesame, dairy  
cork syrup  
carton of semi-skimmed milk  
dairy  
fresh fruits / water

#### Friday

mini pagnotella rustica  
gluten  
dried tomato tapenade  
mozzarella cubes  
dairy  
water

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